



## SNACKS & APPETISERS

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## ESSENTIALS

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- 14 Garlic paste
- 16 Garam masala powder
- 18 Madras curry powder
- 20 Chaat masala
- 22 Everyday Indian curry paste
- 24 Tandoori paste
- 26 Tamarind paste
- 28 Paneer

## BREADS

- 32 Garlic and coriander naan
- 34 Peshwari naan
- 36 Durban naan
- 38 Roti
- 40 Parathas
- 42 Masala bread rolls

- 46 Tandoori chicken
- 48 Chicken 65 and green chutney
- 50 Vegetable filled pastries (Lukhmi)
- 52 Samosas
- 54 Seekh kebabs
- 56 Spiced coriander prawns
- 58 Bengali fish cakes
- 60 Onion bhaji
- 62 Vada
- 64 Chilli paneer
- 66 Aloo tikki
- 68 Savoury semolina
- 70 Rava idli
- 72 Pepper rasam
- 74 Lemon rasam
- 76 Curried chicken rasam
- 78 Indian spiced sweet potato soup

## MAINS

- 82 Murgh makhani (butter chicken)
- 84 Chicken tikka masala
- 86 Chicken korma
- 88 Achari paneer murgh
- 90 Chicken in yoghurt
- 92 Creamy coconut chicken curry
- 94 Rogan josh
- 96 Coconut lamb curry
- 98 Lamb dhansak
- 100 Spiced roast lamb
- 102 Lamb saag
- 104 Bhuna gosht
- 106 Pork vindaloo
- 109 Bun kebabs
- 112 Beef madras
- 114 Goan prawn curry
- 116 Baked masala fish
- 118 Balti coconut fish curry
- 120 Steamed white fish with tomato and Indian spices
- 122 Amritsari dal
- 124 Tarka dal
- 126 Bombay aloo
- 128 Potato karakari

## MAINS (cont'd)

- 130 Paneer tikka
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- 134 Baingan ka bharta
- 136 Chhole (chickpea curry)
- 138 Sambhar
- 140 Avial (vegetables in yoghurt)
- 142 Sabji (vegetable) curry
- 144 Gobi masala
- 146 Biryani
- 148 Rajma (kidney bean curry)
- 150 Rogani kumbh

## CONDIMENTS

- 154 Mango, ginger and chilli chutney
- 156 Spiced tomato chutney
- 158 Date and tamarind chutney
- 160 Tamarind chutney
- 162 Fresh coconut chutney
- 164 Peanut chutney
- 166 Mint and peanut chutney
- 168 Cucumber and mint raita
- 170 Coriander chilli chutney
- 172 Spiced cauliflower pilau
- 174 Pilau rice
- 176 Mango rice

## SWEETS & DRINKS

- 180 Lassi
- 181 Mango lassi
- 182 Sabja shikanji (traditional lemonade)
- 184 Chai masala tea
- 186 Nankhatai (cardamom biscuits)
- 188 Kormolas (Kulkuls)
- 190 Thandi
- 192 Banana sorbet
- 194 Star anise and pistachio kulfi
- 196 Mango and turmeric sorbet
- 198 Burfee
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- 202 Kheer
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- 206 Coconut and pistachio delight
- 208 Gulab jamuns
- 210 Carrot halwa